

Bumps in the road, detours, U-turns, and roundabouts are all normal.

The Vision

The hope that the stepfamily will be one big happy family.

The Unbalancing

An emotionally intense time as conflicts arise, anxiety is high, and loyalties are tested. The stepfamily challenges are apparent but not yet resolved.

Did you know that it can take up to 5 years for a stepfamily to run smoothly?

The Acceptance

The stepfamily accept the new family structure and change. Common goals, values, history and traditions have had time to develop.

The Stability

The stepfamily begins to stabilise, find their groove, and establish routines and roles.

The Uncertainty

The realisation that there are a lot of feelings from everyone in the stepfamily and that things are not running as smoothly as first hoped.

The Stepfamily Journey

